

LADIES' HomeJournal®

Beat-the-Clock Beauty

JULY 2006

Lose Weight
By the Weekend!
Here's How

Stressed
To the Limit?
A Surprisingly
Simple Cure

EXCLUSIVE
The Duchess of York
with her princess
daughters talks about
dieting, dating
and making dreams
come true

SCAM ALERT
Bank Mistakes
That Cost You \$\$\$

The Pain You
Shouldn't Ignore

Clutter Fixes
For a Better Basement

**Great
American
Grilling**
5 Easy Summer Suppers

Sarah Ferguson (right)
with daughters
Princess Eugenie (top)
and Princess Beatrice

\$2.49 U.S./\$2.99 CAN.



www.lhj.com

Griller's HELPERS

Everything you need to make your next barbecue bash easier, safer and neater



TEMPERATURE TAKER

The Outset Grill BBQ Surface Thermometer sits flat on the grill instead of hanging precariously from the grate. Once the grill has reached the right temperature, you can easily remove the thermometer with tongs, creating more cooking space. Thermometer, \$9.95, www.kitchenkaboodle.com.

EASY BREEZY OPENER

The Zyliss Multi-Mouse Opener fits in your hand like a computer mouse. Click on the top button and it adjusts itself to the size of the cap that needs twisting. The back end of the mouse has an opener for metal-capped bottles. Opener, \$6.99, Bed Bath & Beyond, 800-462-3966.

KINDER CORN HOLDERS

Have no more worries of being stabbed by the sharp end of a corn holder when you reach into your kitchen drawer. Zyliss Assorted Colors Interlocking Corn Holders snap together for smart storage. Corn holders, \$4.99 for set of four, www.amazon.com.

A TRIPLE-DUTY CLOCK

The Polder Electronic Clock, Timer & Stopwatch can hang comfortably around your neck so your hands are free to take care of anything—and everything—else while dinner's cooking. Three-in-one clock, \$15.95, www.cooking.com.

PERPETUAL PEPPERSTICK

Marketed as a pepper grinder for waiters because its slender shape fits so conveniently in an apron pocket, the Unicorn PepperStick is also perfect for navigating around tight spots on the grill. Pepper grinder, \$22, www.peppergun.com.

TIME IN MOTION

Each color-coded Taylor TempRite Thermometer is calibrated to USDA cooking temperatures for beef, hamburger, fish, poultry/pork and baking. Simply insert tip into food; when the color changes, the food is done. The thermometers can be reused several hundred times. Thermometer (model 8790J), \$5.99, www.kitchencollection.com.

BOFFO BASTER

The Farberware Silicone Baster releases sauce through silicone bristles that can withstand the grill's heat without melting. The markings on the bottle track how much sauce you've used. Baster, \$7.49, www.pfaltzgraff.com.

CONTINUED

STILL LIVES, JAMES WOBRELL, PROP STYLIST, MICHAEL HERBISTON FOR MARK EDWARD INC.



MASTER MARINADE MEASURE

Control how much sauce ends up on food by basting with the Farberware Marinade Dispensing Silicone Basting Brush. Fill it with BBQ sauce and push the red button to slowly dispense the marinade. Brush, \$9.99, BJ's Wholesale Club, www.bjs.com for locations.

STYLISH SPATULA

The Outset Rosewood Flex Griddle Spatula not only is beautiful but also has a stainless-steel face tapered at the end to easily get underneath foods. What's more, its surface is large enough to handle servings of all sizes. Spatula, \$12.95, www.kitchenkaboodle.com.

A STAY-PUT SOLUTION

Keep your tablecloth from blowing away with Patio Companion Ladybug Table Holders, disguised leaded weights. Simply clip onto the corners of your tablecloth and let the breezes blow! Table holders, \$6.95 for four, www.barbecue-store.com.

MUST-HAVE MITTS

The Farberware Heat-Resistant Silicone Mitt can stand up to a grill's heat without warping. A separate pocket for your index finger makes it easy to grab a spatula or tongs. Mitt, \$9.99, www.pfaltzgraff.com.

CORN CONTROL

Keep corn from rolling off the grill with the Charcoal Companion Nonstick Corn Basket. It holds four cobs at a time and can be adjusted for varying thicknesses. Basket, \$14.95, www.barbecue-store.com.

GREAT GARLIC BREAD GRILLER

Slice a baguette in half, rub it with garlic, brush with oil or melted butter, place it between the wire panels of Steven Raichlen's Best of Barbecue Garlic Bread Griller and—voilà—you've got fantastic garlic bread. Bread griller, \$14.95, www.barbecue-store.com.

NO-SLIP SKILLET

With the Outset Copper Nonstick Skillet, you can grill foods that might otherwise slip through the cracks in the grate. The removable soft-grip handle makes maneuvering easy, too. Skillet, \$29.95, www.kitchenkaboodle.com.



Find more great grilling tips at www.lhj.com/grilling